



## Regional Thrombosis Program Telemedicine Protocol

### Overview

The Regional Thrombosis Program aims to deliver outpatient specialist Thrombosis care across the Champlain LHIN using proven care delivery methods developed by the Ottawa Hospital Thrombosis Unit. These services encompass DVT & PE Outpatient Management, Oral Anticoagulation e-Management, and Peri-operative Anticoagulation Management.

For patients who live at a distance from The Ottawa Hospital, services may be available by telemedicine. Referrals will be triaged on a case by case basis. Patients may be required to attend in person on the advice of the consulting Thrombosis specialist.

	Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE) Outpatient Management	Oral Anti-Coagulation e-Management	Perioperative Anti-Coagulation Management
<b>Eligible Patients</b>	<ul style="list-style-type: none"> <li>18 years or older</li> <li><b>Confirmed</b> DVT or PE</li> <li>Outpatients</li> </ul>	<ul style="list-style-type: none"> <li>18 years or older</li> <li>Outpatients</li> <li>Currently receiving oral anti-coagulation therapy for &gt; 1 month</li> </ul>	<ul style="list-style-type: none"> <li>18 years or older</li> <li>Outpatients</li> <li>Currently receiving long term oral anti-coagulation therapy requiring temporary interruption for a medical procedure.</li> </ul>
<b>Referral Process</b>	<ul style="list-style-type: none"> <li>Fax completed “Thrombosis Unit DVT / PE Referral” (Section B) and all diagnostic tests to (613) 737-8093.</li> <li>Phone (613) 737-8060. Provide patient info (name, phone #, Health Card #) and schedule the appointment with TOH clerk.</li> <li>Provide information sheet to patient.</li> </ul>	<ul style="list-style-type: none"> <li>Fax completed referral form and all diagnostic tests to (613) 737-8093</li> <li>Phone (613) 737-8060. Provide patient info (name, phone #, Health Card #) and schedule the appointment with TOH clerk.</li> </ul>	<ul style="list-style-type: none"> <li>Fax completed referral form and all diagnostic tests to (613) 737-8093</li> <li>Phone (613) 737-8060. Provide patient info (name, phone #, Health Card #) and schedule the appointment with TOH clerk.</li> </ul>

### Scheduling

- Appointments are available Mon-Fri between 8:00 – 16:00.
- Appointments will be scheduled for 30 minutes.
- TOH clerk schedules the appointment and advises the referring site.
- Patient Site hospital informs patient of time and location.
- TOH clerk will fax the referral request to the Patient Site hospital if they were not the initiating site.

## Minimum Requirements of Patient Site Staff

### Before appointment

- Initiate referral and appointment scheduling as outlined.
- Provide information sheet to patient if applicable (DVT and PE Management).
- Inform patient of time and location of telemedicine appointment.
- Request any documentation (e.g. referral form) if not already provided.

### Day of appointment

- Confirm patient consent to telemedicine
- Prepare camera
- Complete the “Thrombosis Assessment and Treatment Unit Telemedicine Assessment” form and fax to TOH:
  - Room 2            Camera 0346-69            Fax 613-737-8553
  - Room 7            Camera 0346-68            Fax 613-737-8068
- Assist patient during consultation
- Where applicable, provide lab requisition forms to patient with instructions for date of blood test
- Provide any necessary teaching and aids as required (e.g. contact numbers, information booklet)

### **Urgent Care**

1. The patient can call 613-737-8060 to speak to a TOH Thrombosis Nurse.
2. The patient can visit any hospital Emergency Department for treatment or referral as per standard process.
3. In the event of a complication, the patient can call the on-call physician at TOH at 613-722-7000.