

Stool Culture - Cary Blair W/Indicator Home Collection Instructions for Patients

Your doctor has ordered a laboratory test of a single or multiple stool samples. Please follow these collection instructions to ensure accurate test results.

Planning the collection

- Plan the collection time so you can deliver the sample during the Specimen Collection Centre business hours, which are Monday to Friday, 7:30 am to 3:15 pm. Do not collect mucus on weekends, as the sample will not be tested in time to maintain its integrity.
- Do not use antacids, bismuth, anti malarial agents, antidiarrheal medication or laxatives for a period of 5 to 10 days before collection.
- Do not use antibiotics or barium for 14 days prior to the collection.
- Consult your physician or pharmacist if you are uncertain about medication you are or have been taking.

Caution

- The fluid in the collection cup is poison. Keep out of reach of children and pets. Do not drink.

Instructions

1. **Pass urine in the toilet and flush.** This will prevent contamination of stool sample.
2. **Collect a sample stool.** You may collect the sample in any clean and dry disposable container. You may find it easier to collect the sample on a piece of plastic wrap under the toilet seat, but suspended over the water of your toilet. Do not contaminate the stool specimen with water or urine.
3. **Transfer a portion of the sample to the specimen cup.** Unscrew the cap and use the attached spoon to collect stool from any area that is bloody or slimy. Add samples to container until the liquid reaches the "FILL LINE" (black arrow under green part of label). Using the same collection spoon, mash the samples in the container until well mixed with the fluid.
4. **Close the container.** Make sure the cap is tight. Shake hard until mixture looks like "soup".
5. **Label the specimen cup.**
 - a. Include your full name and date of birth
 - b. Indicate the collection date and time.
6. **Deliver the specimen cup to the HGH Specimen Collection Centre during business hours.**
 - a. Bring the sample as soon as possible after the collection, or the next morning at the latest. Keep the sample at room temperature if you cannot deliver it immediately.
 - b. Please register first at the Information desk and include the test requisition provided by your doctor with the sample.
 - c. Then proceed to the Specimen Collection Centre. Enter through Cardiology.

Address

Specimen Collection Centre
Block B, Level 1
Hawkesbury and District General Hospital
1111 Ghislain Street Hawkesbury, Ontario K6A 3G5

Business Hours

Monday to Friday from 7:30 am to 3:15 pm
Closed on public holidays

Questions? 613-632-1111, extension 51201