

Stool for Ova and Parasites Home Collection Instructions for Patients

Your doctor has ordered a laboratory test, which requires you to collect small samples of stool, place them in specimen cups, and return them to the hospital. Your doctor may have ordered either a single collection or multiple collections. Please follow these instructions to ensure accurate test results.

Planning the collection

- Plan the collection so you can deliver the sample during the Specimen Collection Centre business hours, which are Monday to Friday, 7:30 am to 3:15 pm.
- Do not take any medicines (laxatives, anti-diarrhea drugs) containing barium, bismuth, magnesium, kaolin, antibiotics, etc., for at least five days prior to collecting a sample, if possible.

Collection instructions

The fluid in the collection cup is poison. Keep out of reach of children and pets. Do not drink or touch.

1. **Collect a sample stool.** You may collect the sample in any clean and dry disposable container. You may find it easier to collect the sample on a piece of plastic wrap under the toilet seat, but suspended over the water of your toilet. Do not contaminate the stool specimen with water or urine.
2. **Transfer portions of samples to the specimen cups.** Once you have collected a stool sample, unscrew the cap of both specimen cups.
 - a. **Cup with fluid inside:** Using a clean plastic spoon or another disposable item, transfer small portions of stool into the cup, taking samples from the beginning, middle and end of stool. Fill until the liquid reaches the top of the label. Close cup and shake to mix contents thoroughly.
 - b. **Sterile empty cup:** Using a clean plastic spoon or another disposable item, transfer small portions of stool into the cup, taking samples from the beginning, middle and end of stool.
3. **Recap both specimen cups securely.** Screw tightly to prevent leaking. Keep at room temperature.
4. **Label the specimen cups.**
 - a. Include your full name and date of birth
 - b. Indicate the collection date and time.
5. **Deliver the specimen cups to the HGH Specimen Collection Centre during business hours.**
 - a. Bring the sample as soon as possible after the collection, or the next morning at the latest. Keep the sample at room temperature if you cannot deliver it immediately.
 - b. Please register first at the Information desk and include the test requisition provided by your doctor with the sample.
 - c. Then proceed to the Specimen Collection Centre. Enter through Cardiology.

Address

Specimen Collection Centre
Block B, Level 1
Hawkesbury and District General Hospital
1111 Ghislain Street Hawkesbury, Ontario K6A 3G5

Business Hours

Monday to Friday from 7:30 am to 3:15 pm
Closed on public holidays

Questions? 613-632-1111, extension 51201